TARRANT COUNTY RESOURCES

TARRANT COUNTY PUBLIC HEALTH - COMMUNITY HEALTH NAVIGATION

Need help navigating available services? Call Community Health Navigation at (817) 321-4729. They can help you find and apply for Health Insurance Marketplace plans and other social services including housing, financial assistance, food and more.

HEALTH & WELLNESS

Tarrant County Public Health

817-248-6299 • tarrantcountytx.gov/health

Immunizations

Child and Adult Immunizations Monday - Friday • 8 a.m. - Noon; 1 - 5 p.m. 817-248-6299

TCPH - Arlington - Cooper Street 2920 S. Cooper St. Arlington, TX 76015

TCPH - Fort Worth - Miller Avenue 3212 Miller Ave. Fort Worth, TX 76119

TCPH - Fort Worth - Main Campus 1101 S. Main St. Fort Worth, TX 76104

TCPH - Lake Worth 3800 Adam Grubb Rd., Suite 400 Lake Worth, TX 76135

TCPH - Fort Worth - Granbury Road 6551 Granbury Rd. Fort Worth, TX 76133

TCPH - Watauga 6601 Watauga Rd. Watauga, TX 76148

Adult Health Services

Provides services related to sexually transmitted diseases in Fort Worth and Arlington 817-248-6299

HealthforMe Self-Management

Free, chronic disease self-management classes 817-370-4565 selfmanager@tarrantcounty.com

Live Tobacco Free

Free, 4-week smoking cessation program smokefree@tarrantcounty.com

Tarrant County WIC

Supplemental food program for pregnant and postpartum women, infants, and children up to age 5 817-321-5400

Breastfeeding Warm Line Breastfeeding support Monday - Friday • 9 a.m. - 6 p.m. 817-321-5416

Nurse-Family Partnership

Education and support to first time moms through home visits starting in pregnancy 817-413-6320

UNTHSC Healthy Start

Home visitation services for women & families 817-735-2553 • healthy.start@unthsc.edu

JPS Family Health Center

Primary health care services for adults and children 817-702-1215

MHMR Tarrant County

Offers help for children and adults with behavioral health needs and other serious emotional concerns

1-800-866-2465 • www.mhmrtarrant.org

Early Childhood Intervention

Serves children up to age 3 who have developmental delays & disabilities 1-888-754-0524 • www.mhmrtarrant.org/eci

North Texas Area Community Health Centers

Discounted medical services for children and adults Northside, Southeast, Arlington 817-625-4254 • www.ntachc.org

Mom & Baby Program

Services for pregnant or postpartum women with a substance use disorder 817-702-7322

Postpartum Support Warm Line

Non-emergency support for postpartum depression

1-800-944-4773 • www.postpartum.net

DENTAL

Catholic Charities Dental Clinic

Provides low cost dental care in Fort Worth 817-600-1461

JPS Dental Clinics

Provides basic and urgent dental care services in clinics around Tarrant County 817-702-3567

Dental Health Arlington

Provides low cost dental services 817-277-1165 • www.dhaclinic.org

Mission Arlington Dental Clinic

Provides free dental services to eligible families; New clients call 1st Monday of the month at 8:30 a.m. for scheduling. 817-860-4474

HOUSING & SHELTER

Catholic Charities

Financial assistance for housing expenses or utilities 817-534-0814

www.catholiccharitiesfortworth.org

Tarrant County Housing Assistance

Provides vouchers to help eligible families pay for housing 817-531-7640

Center for Transforming Lives

Provides childcare and housing for families experiencing homelessness 817-332-6191 • www.transforminglives.org



Tarrant County Public Health













To apply for Health Insurance Marketplace plans, visit www.healthcare.gov.

To apply for Medicaid, CHIP, Healthy TX Women, or SNAP, visit *yourtexasbenefits.com*.

If you need assistance, call the Tarrant County Public Health Call Center at 817-248-6299

TARRANT COUNTY RESOURCES

TARRANT COUNTY PUBLIC HEALTH - COMMUNITY HEALTH NAVIGATION

Need help navigating available services? Call Community Health Navigation at 817-321-4729. They can help you find and apply for Health Insurance Marketplace plans and other social services including housing, financial assistance, food and more.

TRANSPORTATION

Catholic Charities of Fort Worth Transportation

Low-cost transportation for education, employment, and medical visits 817-336-8714

Mission Arlington

Transportation for education and employment 817-704-6147 • www.missionarlington.org

Texas Medical Medical Transportation

Rides to Medicaid health and dental visits 1-855-687-3255 • www.txmedicaidride.net

EMPLOYMENT

Workforce Solutions

Career training and job search resources 817-413-4000 www.workforcesolutions.net

Employment Solutions

Job search and skill training for men & women 817-927-4050 • www.womenscentertc.org

SAFETY

Cook Children's Child Passenger Safety

Car seat fit clinics and information on car safety 682-885-2634 www.freecarseatcheck.com

Poison Control Hotline

Accurate medical information regarding poisons 1-800-222-1222

FOOD ASSISTANCE

Infant Formula Program

Emergency formula and baby food for infants

Monday, Wednesday, Thursday

10 a.m. - 1 p.m. 801 W. 1st St

Fort Worth, TX 76102 817-335-6080

Local Food Pantries

www.tafb.org/find-food

SNAP (Food Stamps)

Supplemental Nutrition Assistance Program www.yourtexasbenefits.com

Tarrant Area Food Bank

Help with SNAP, TANF, and Medicaid applications

1-866-430-6143 • www.tafb.org/snap

DOMESTIC VIOLENCE

National Domestic Violence Hotline

24/7 hotline for those experiencing domestic violence 1-800-799-7233 TTY: 1-800-787-3224

One Safe Place

Services for those affected by domestic violence

817-916-4323 • www.onesafeplace.org

SafeHaven of Tarrant County

Services for those affected by domestic violence including 24 hour emergency shelter

Hotline: 877-701-7233 www.safehaventc.org

CHILD CARE/PARENTING

Child Care Associates

Head Start Program
Free, quality care for children ages 0-5
817-838-0055
www.childcareassociates.org

Child Care Management Services

Helps parents pay for child care 817-831-0374 www.tarrantcountyccms.org

FW Early Childhood Literacy

Classes for parents to promote early learning www.fortworthecm.org

The Parenting Center

Classes and resources for parents and families 817-332-6348 • theparentingcenter.org

Parenting Advice Line

Monday – Friday; Noon - 3 p.m. 817-332-6399

Texas Parenting Tips

Parenting tips and resources www.getparentingtips.com

ADDITIONAL REFERRALS

Tarrant Cares

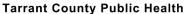
Referrals for basic needs, education, and health www.tarrantcares.org

2-1-1 Texas

Referrals for a variety of community resources
Dial 2-1-1 or 1-877-541-7905

www.211texas.org

















If you need assistance, call the Tarrant County Public Health Call Center at 817-248-6299

This institution is an equal opportunity provider. Revised 12/2023