

# MEASLES

Know The Signs. Stop The Spread.

## MEASLES SYMPTOMS TIMELINE

Measles isn't just a little rash, it can be very dangerous

DAY 1

Exposure Day



Cold Like-Symptoms (7-14 days after exposure)

DAY 7

DAY 9

Spots In The Mouth (2-3 days after cold symptoms appear)



Red Rash (3-5 days after cold symptoms appear)

DAY 10

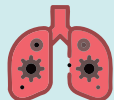
DAY 10+

Brain Swelling\* Encephalitis



\*POSSIBLE SIDE EFFECTS

Pneumonia\*



Diarrhea\*



Blindness\*



Deadly Brain Disorder\* Subacute Sclerosing Panencephalitis (years after exposure)



YEAR 7

Measles is a serious virus that affects your lungs and body. It can cause dangerous and lifelong health problems especially in:

- Infants
- Children
- Those with weak immune systems



Protect your family and friends from measles



1. Measles can be prevented with a vaccine.
2. Two doses of the MMR vaccine protects against measles, mumps, and rubella.
3. Talk to your doctor or local health clinic if your child has not completed their vaccines or if you have questions.



What to do if your child has been exposed



- If they are fully vaccinated: They have strong protection and are unlikely to get the virus.
- If they are not vaccinated: Call a doctor, stay away from others, and watch for symptoms.
- If they show symptoms: Stay home, call a doctor, and tell their school or childcare center.

If your child is suspected of having measles expect:

1. **Exclusion from School:** The Texas Administrative Code (Rule 97.7) requires students with measles or suspected measles to stay home for four days after rash appears. People suspected of having measles should stay home and avoid public places for four days after the rash starts. Unvaccinated or vulnerable people exposed to measles that did receive treatment from a doctor should stay home for 5-21 days after exposure.
2. **Medical Follow-Up:** Parents are suggested to take their child to a doctor immediately after exposure. In some cases, a vaccine or other medical treatments may be recommended. Please call your healthcare provider before taking your child to their appointment to minimize the risk to others.



These measures are based on public health guidelines. If you have questions regarding your child's school's requirements, please reach out to the school. Find more information about measles at [tarrantcountytx.gov/measles](http://tarrantcountytx.gov/measles)



Public Health