

2025 FEBRUARY WORKSHOP & TRAINING SCHEDULE

ALL WORKSHOPS are in-person; (ONLY the Assistance Connect Refresher Training remains virtual). Location of each workshop is included on the below schedule. Doors open 15 minutes prior to the start time of the workshop and close 5 minutes after the start time. You MUST sign in to receive credit for attending a workshop. If you have questions, contact Cynthia Miller at cdmiller@tarrantcountytx.gov, or contact your FSS Coordinator.

VIRTUAL

*ASSISTANCE CONNECT (AC) REFRESHER TRAINING (FSS Participants ONLY)

Description: A refresher class on how to use the AC module to report a change, upload documents and complete your Annual Re-exam.

ASSISTANCE CONNECT TRAINING CANNOT BE USED TO RECEIVE WORKSHOP CREDIT.

Wednesday, February 5 9 – 10 AM

Link: <https://global.gotomeeting.com/join/868827341>

Meeting ID: 868-827-341

Dial-in #: (646) 749-3122

Access Code 868-827-341

LOSE WEIGHT THE HEALTHY WAY – (Cynthia Miller)

Description: We have often heard when one door closes, another opens. So, how do you stay focused and encouraged in the hallways of life while waiting for the next door to open? Join me and let's talk about it.

Thursday, February 6 6 – 7:30 PM

TCHAO; 2100 Circle Drive – CONFERENCE CENTER

JOB CLUB

ANGER MANAGEMENT – (Cynthia Miller)

Description: Anger is a healthy emotion and a normal part of life. However, unmanaged/uncontrolled anger contributes to poor communication, as well as irresponsible choices and behaviors. Controlled, managed anger is essential in creating a healthy office environment and positive work experience.

Monday, February 10 9 – 10:30 AM

TCHAO; 2100 Circle Drive – CONFERENCE CENTER

FACING LIFE'S WINTER SEASONS – (Cynthia Miller)

Description: Just as nature, we also experience winter seasons in life. These are the times when things seem stagnant, and life seems cold and bare. We know this is a normal part of life, but how do we motivate ourselves to keep moving during these times? Come join us and let's talk about it.

Saturday, February 22 9 – 10:30 AM

TCHAO; 2300 Circle Drive – MAGNOLIA ROOM