2024 OCTOBER WORKSHOP & TRAINING SCHEDULE

<u>ALL</u> WORKSHOPS are <u>in-person</u>: (ONLY the Assistance Connect Refresher Training remains virtual). Location of each workshop is included on the below schedule. Doors open 15 minutes prior to the start time of the workshop and close 5 minutes *after* the start time. You MUST sign in to receive credit for attending a workshop. If you have questions, contact Cynthia Miller at <u>cdmiller@tarrantcountytx.gov</u>, or your FSS Coordinator.

VIRTUAL

*ASSISTANCE CONNECT (AC) REFRESHER TRAINING (FSS Participants ONLY)

Description: A refresher class on how to use the AC module to report a change, upload documents and complete your Annual Re-exam. **ASSISTANCE CONNECT TRAINING** <u>CANNOT</u> **BE USED TO RECEIVE WORKSHOP CREDIT**

Wednesday, October 2 9AM – 10AM

Link: <u>https://global.gotomeeting.com/join/868827341</u> Meeting ID: 868-827-341 Dial-in #: (646) 749-3122

Access Code 868-827-341

BUDGETING TIPS – (Cynthia Miller)

Description: Learn how to prioritize your expenses and plan for the unexpected. Prioritize spending on your basic needs, such as housing, food and health. Track other expenditures, including fast-food, movies and entertainment to determine the areas where you can reduce your spending.

THURSDAY, OCTOBER 10 6PM – 7:30PM

TCHAO; 2100 Circle Drive – CONFERENCE CENTER

JOB CLUB

CREATE A PROFESSIONAL IMAGE - (Cynthia Miller)

Description: A well-respected professional image is an important part of your career and can help you achieve a new level of selfconfidence. The way you dress, communicate and your contact information send a message to employers and co-workers. Join me and let's explore further.

MONDAY, OCTOBER 14 9AM – 10:30AM TCHAO; 2100 Circle Drive – CONFERENCE CENTER

WHEN LIVING BECOMES HARDER THAN DYING – (Cynthia Miller)

Description: Oftentimes, the struggles faced in life cause one to think death is the best or only solution to eliminate their pain. I don't know your pain, but I do know this. You don't have to end your life to get rid of the pain. Join us and let's talk about it.

SATURDAY, OCTOBER 26 9AM – 10:30AM Building 2300 Circle Drive – MAGNOLIA ROOM (across from gymnasium)