

## **Guidelines for Peaceful Co-Parenting - Remember What's Most Important**

- Send the children with clean, adequate clothing for their time with the other parent, including shoes.
- Return the children with all the items they arrived with and, if possible, wash and dry their clothes before returning them.
- Check with the other parent BEFORE enrolling the child in extra-curricular activities that require the other parent's cooperation or impose on the other parent's scheduled time with the child.
- Check with the other parent BEFORE buying items that might be an imposition at the other parent's home, like pets or musical instruments that require lessons.
- Send WRITTEN information regarding the dosage and schedule for prescription and non-prescription meds.
- Notify the other parent of doctor and dentist appointments.